

Bureau of Quality Assurance and Performance Evaluation



Resume Form for Member Staff



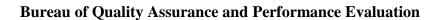
First: Personal Information

Full Name	Mahmoud Mohammed Mahmoud Werfalli
Date of Birth	28-12-1968
Qualification	PhD in Chronic diseases (Non-communicable
	diseases)
Date of Obtaining Qualification	2018
Languages	English (fluent)
Phone Number	+218919227058
E-mail	Mahmoud.werfalli@uob.edu.ly

Second: Qualifications

Academic	Affiliation	Country	Year	Major
Degree				
Doctorate	University of Cape Town	South Africa	2018	Epidemiology of Non-
(PhD)				communicable Diseases
Title	Development of diabetes self-management care program for older people			
	attending community health centers			
Master (MPH)	University of Newcastle	United	2007	Public Health Medicine
		Kingdom		
Title	Effectiveness of the breast cancer screening interventions in Asian women			
Bachelor	University of Benghazi	Libya	2001	Medicine







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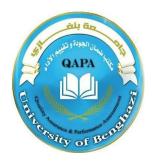
(M.B.Ch.B)		

Third: Other Qualification and Training Courses

Year	Qualification or Training Course	Country	Affiliation
2018	GRADE course and ProGRADE software	South Africa	Medical Research Council
2017	Assessment and evaluation of heath care	South Africa	Medical Research Council
	complex interventions		
2017	Network Meta-Analysis (NMA)	South Africa	Medical Research Council
2017	Academic writing skills II	South Africa	University of Cape Town
2016	Advanced Evidence based health care for	South Africa	Medical Research Council
	clinicians		
2016	How to Publish in Highly impact scientific	South Africa	University of Cape Town
	journals		
2015	Using "R" language in conducting meta-	South Africa	University of Cape Town
	analysis		
2015	Academic writing skill I	South Africa	University of Cape Town
2015	Using EndNote bibliography software	South Africa	University of Cape Town
2015	Training course in STATA, SPSS statistical	South Africa	OLARC SPSS
	software packages		
2014	Advanced course in Epidemiology of	South Africa	University of Cape Town
	Noncommunicable diseases		
2013	Clinical research methods course	South Africa	University of Cape Town
2006	Diploma in Emergency medicine	UK	University college of
			London



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Fourth: Scientific Contributions

Papers published in authorized journals

Year of	Name of the Journal	Number of the Journal	Scientific
Publicatio			Field of the
n			Journal
2020	ВМС	2020; 9: 133	Medicine
	_	·	
Title of	,	"The effectiveness of peer and community he	
the Paper	led self-management supp	ort programs for improving diabetes health-re	lated
	outcomes in adults in low-a	and-middle-income countries: a systematic	
	review." Systematic review	/s 9.1 (2020): 1-19.	
2020	PLOS ONE	https://doi.org/10.1371/journal.pone.02301	Medicine
		<u>73</u>	
Title of	Werfalli, Mahmoud M., et	al. "Does social support effect knowledge and	d diabetes self-
the Paper	management practices in older persons with Type 2 diabetes attending primary care		
	clinics in Cape Town, South Africa?" <i>PloS one</i> 15.3 (2020): e0230173.		
2019	African Journal of	11.1 (2019): 1-12.	Primary
	Primary Health Care &		Health Care
	Family Medicine		& Family
			Medicine
Title of	Werfalli, Mahmoud, et al.	"Current policies and practices for the provisi	on of diabetes
the Paper	care and self-management support programmes for older South Africans." African		
	Journal of Primary Health Care & Family Medicine 11.1 (2019): 1-12.		
Title of	Werfalli, Mahmoud. Informing the development of a self-management care		
the Paper	programme for older people with type 2 diabetes attending community health centres		
•	in Cape Town, South Africa. Diss. Faculty of Health Sciences, 2019.		



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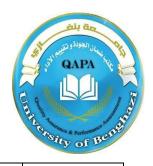


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2019	BMJ Open	doi: 10.1136/bmjopen-2018-024345	Medicine
Title of	Chivese T, Werfalli MM, Magodoro I, et al Prevalence of type 2 diabetes mellitus in		
the Paper	women of childbearing age in Africa during 2000–2016: a systematic review and meta-		
	analysis BMJ Open 2019	9 ;9:e024345. doi: 10.1136/bmjopen-2018-0243	45
2019	BMJ Open	doi: 10.1136/bmjopen-2018-023684.	Medicine
Title of	*	M, Rawat A, et al Integrated management of type	
the Paper	_	within multi-morbidity conditions in Africa: a sys 9;9: e023684.doi: 10.1136/bmjopen-2018-0236	
2018	Global Health Action	https://doi.org/10.1080/16549716.2018.144	Medicine
		<u>9924</u> .	
Title of	Mahmoud Werfalli, Res	hma Kassanjee, Sebastiana Kalula, Paul Kowa	l, Nancy
the Paper	prevalence and impact o	omi S. Levitt (2018) Diabetes in South African on quality of life and functional disability – as assolished in GlobalHealthAction, Available from 6549716.2018.1449924.	
2017	The lancet Diabetes &	2017 Aug 1;5(8):622-67.	Medicine
	Endocrinology		
Title of		EA, Bärnighausen T, Beran D, Kengne AP, Lev	
the Paper		MJ, Ogle GD, Ramaiya K Werfalli M . Diabetes ical care to health policy. The lancet Diabetes ug 1;5(8):622-67.	
2016	The lancet Diabetes & endocrinology	2016 Jan 31;4(1):72-84	Medicine
Title of the Paper	Werfalli M, Engel ME, Musekiwa A, Kengne AP, Levitt NS. The prevalence of type 2 diabetes among older people in Africa: a systematic review. <i>The lancet Diabetes & endocrinology.</i> 2016 Jan 31;4(1):72-84		
2016	British journal of 2016 Jan 1. Medic clinical pharmacology.		Medicine



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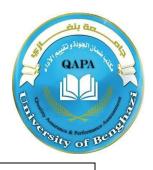
Title of the Paper		N, Spearman CW, Werfalli M , Cohen K. N-acetylo induced liver injury: a systematic review. British jo y. 2016 Jan 1.	•
2016	BMJ 2016 Dec 1;6(12):e012255 Medicine		
Title of the Paper	Chivese T, Mahmoud W , Magodoro I, Kengne AP, Norris SA, Levitt NS. Prevalence of type 2 diabetes mellitus in women of childbearing age in Africa during 2000–2016: protocol of a systematic review and meta-analysis. BMJ open. 2016 Dec 1;6(12):e012255		
2015	BMJ	2015 Jul 1;5(7):e007635	Medicine
Title of the Paper	Werfalli M, Raubenheimer P, Engel M, Peer N, Kalula S, Kengne AP, Levitt NS. Effectiveness of community-based peer-led diabetes self-management programmes (COMP-DSMP) for improving clinical outcomes and quality of life of adults with diabetes in primary care settings in low and middle-income countries (LMIC): a systematic review and meta-analysis. BMJ open. 2015 Jul 1;5(7):e007635.		
2015	ВМС	2015 Jun 12;4(1):84.	Medicine
	acetylcysteine for non-	N, Werfalli M , Spearman W, Engel ME, Cohen K. paracetamol drug-induced liver injury: a systemation reviews. BMC.2015 Jun 12;4(1):84.	

Fifth Papers presented in conferences, seminars, or scientific gatherings

Affiliation	Country	Year	Scientific Field of the



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			Gathering
University Cape	South Africa	2019	Medicine
Town			
Title of the Paper	Current policies and practices for the	ne provisi	on of diabetes care and
Presented	self-management support program	mes for o	lder South Africans
المؤتمر العالمي لداء السكري 2018 ابوظبي- الأمارات	United Arab Emirate Abu Dubai	2018	Diabetes
Title of the Paper	Diabetes in South African older adu	ılts: preva	alence and impact on
Presented	quality of life and functional disabili	ty – as as	ssessed using SAGE Wave
	1 data.		
ألمؤتمر السنوي لمركز بحوث	South Africa	2017	Non-communicable
الامراض المزمنة في افريقيا			Diseases
2017			
Title of the Paper	Diabetes in sub-Saharan Africa: from clinical care to health policy.		
Presented			
ألمؤتمر الافريقي 51 لأمراض	South Africa	2016	Medicine
الغدد والايض والسكري2016			
Title of the Paper	Effectiveness of community-based	peer-led	diabetes self-management
Presented	programmes (COMP-DSMP) for im	proving o	clinical outcomes and
	quality of life of adults with diabetes	s in prima	ry care settings in low and
	middle-income countries (LMIC):		
المؤتمر العالمي لداء السكري	2015 فان-كوفر كندا	2015	Medicine
Title of the Paper	The prevalence of type 2 diabetes	among ol	der people in Africa
Presented			
المؤتمر الدولي لامراض	China	2015	Medicine
الجهاز الهضمي ــ			
Title of the Paper	N-acetyl cysteine for non-paracetar	mol drug-	induced liver injury
Presented			



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المؤتمر الإفريقي لطب المبني	South Africa	2013	Medicine
علي الأدلة (اندابا) 2013			
Title of the Paper	Informing the development of a sel	f-manage	ment care programme for
Presented	older people with type 2 diabetes attending community health centres		
	in Cape Town		

From	То	Affiliation	Title and Nature of Task
2008	2010	Faculty of medical	Head of the scientific affairs
		Technology	

Sixth: Experience

1. Relevant Skills and Experience:

- Proven ability to gain research grant funding, create project budgets and timelines and produce regular project reports to academic supervisors and the academic institutes which sponsored the projects.
- Ability to convey information appropriately and accurately as evidenced through several peer-reviewed publications.
- Excellent oral skills developed through lecturing and tutoring Evidence-Based Medicine for 4th and 5th year medical students at the University of Benghazi, faculty of medicine, and postgraduate student at University of Cape Town.
- giving international conference presentations.
- Ability to relate well to both academics and non-academics as evidenced in community and presentations to other academics.
- Familiarity with many of literature search databases.
- Respect the perspectives of others and open to new ideas because of working with many diverse individuals in different environments.
- Task focused approach with over five years of meeting goals and deadlines while PhD studying fulltime

2. Research Skills and Research Activities



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- Ability to think critically and convey research findings clearly and meaningfully, with attention to detail in written and verbal form.
- ability to analyse complex and varied data developed through my research
- Ability to set project goals and achieve effective results as evidenced by research productivity.
- A focus on planning, time management, and goal achievement.
- Ability to analyze and synthesize relevant data, identify research directions, write comprehensive literature reviews, research proposals and progress reports.
- Proven ability to gain ethics approval for and MSc and PhD research projects.
- Clear and effective questionnaire design for both small scale qualitative studies and large scale quantitative analysis.
- Constantly evaluate and take responsibility for my own performance.
- Innovative approach to tasks with proven ability to devise new solutions to family and community health problems

Seventh: Research Interests

- My general interests include chronic diseases epidemiology, global health research, evidence based medicine, diagnostic research methodology, knowledge synthesis and knowledge transfer (systematic reviews, metaanalyses, and guideline development). My specific research program is on diabetes self-management support interventions, focused on:
- 1) Evaluation of novel diagnostic tools and biomarkers for diabetes
- 2) diabetes prevention control in low and middle-income countries (LMICs)
- 3) Knowledge Synthesis: Evidence-based diabetes self management care and prevention
- 4) Knowledge Translation: Development of evidence-based interventions for diabetes care and control and prevention programs in LMICs.

Eight: Other Remarks



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Research Scholarships and prizes / honours

As PhD project

2014 - 2018

Research Scholarships Amount: R 160,000 (16,000 \$)

Chronic Diseases initiative for Africa (CDIA, Division of Endocrinology and diabetes Department of Medicine, Groote Schuure Hospital, University of Cape Town

Title: Development of Self-Management care program for older people with Type 2 diabetes attending community health centres in Cape Town metropole

This study sets out to fill the current gaps in knowledge of diabetes in the older person in Africa, specifically the extent of the burden and their self-management practices as well as best practice self-management care of diabetes in older people globally with a view of developing with a view of developing a diabetes self-care management programme targeted older patients and thereby limit the impact of the disease and improve the heath related quality of life for this group.

2016

1. GOLDEN KEY INTERNATIONAL HONOUR SOCIETY Prize
Outstanding PhD academic achievement at the University of Cape Town in 2016

We truly appreciate your cooperation